



GREC Services

Welcome to the first edition of the new-and-improved GREC Bulletin! We are delighted to keep bringing you the most important updates from local and national sources on how to access support during the ongoing pandemic.

The GREC office unfortunately remains closed for the time being. However all our services continue to run remotely, and staff can be contacted via phone or email on the details opposite.

Our shiny new website will be ready to launch soon, and we can't wait to share it with you all! Until then though, you can keep up with us on social media using the links below.

FACEBOOK | TWITTER

CONTACT:

General Enquiries/Training:

info@grec.co.uk
01224 595505

InTrans:

Interpreting & translation services with special rates for the third sector.

in-trans@grec.co.uk
01224 576795

Casework:

Confidential advice, support and employability service.

casework@grec.co.uk
07857 180175

Counselling:

Confidential counselling for adults, children and young people.

mthomson@grec.co.uk

English Classes:

Free English language education up to four times per week.

language-café@grec.co.uk
01224 576797

AberdeenAIM:

Fighting illegal moneylending with support, advice and training to enhance financial wellbeing.

mmccall@grec.co.uk
01224 576796

LOCAL AUTHORITIES

[Click here](#) for the latest coronavirus updates from the **Scottish Government**.

[Click here](#) for the latest coronavirus updates from **Aberdeen City Council**.

[Click here](#) for the latest coronavirus updates from **Aberdeenshire Council**.

[Click here](#) for the latest coronavirus updates from **Moray Council**.

BENEFITS AND SOCIAL SECURITY

The **Self-Isolation Support Grant** is due to open for applications from people living in Scotland on the **12th October**.

Individuals on low incomes who are required to self isolate can apply to the **Scottish Welfare Fund** for £500 grants to support them during the isolation period.

[Click here](#) for more information on the self Isolation Support Grant.

The **Self Employment Income Support Scheme** (SEISS) is open for applications until the **19th October**.

The scheme will provide grants to self-employed individuals who's income has suffered due to COVID-19.

[Click here](#) for full details or to make a claim to the SEISS.

The **Scottish Child Payment** opens for applications next month.

This new benefit from **Social Security Scotland** will provide low-income families with children under 6 with £10 per child per week.

[Click here](#) for more information on the Scottish Child Payment.



LANGUAGE WORKS

WEEKLY SESSIONS TO LEARN
ABOUT WORKING IN THE UK.
PRACTICE YOUR ENGLISH. DISCUSS
EMPLOYMENT TOPICS AND
MORE

JOIN OUR FREE ONLINE SEMINAR

**Every Tuesday
19:30 to 21:00**

To join email:
language-cafe@grec.co.uk
or call
01224595505

grec

Get involved

CHALLENGE POVERTY WEEK

5-11 October

5th-11th October is Challenge Poverty Week in Scotland.

[Click here](#) to visit the Challenge Poverty Week website and find out how you can get involved.

[Click here](#) to read about ACVO's #PovertyAberdeen campaign.

[Click here](#) to donate to CFINE's annual Appetite For Change fundraiser.

October is Black History Month.

[Click here to visit the Black History Month UK website.](#)

The African Caribbean Society of Scotland are running **Black History Month Live**, a programme of online content dropping every day, including an all-day livestreamed event on **24th October**.

[Click here](#) to visit the ACSS Facebook page to learn more. [Click here](#) to donate to the Black History Month Live fundraiser.



The Big SleepIN

Saturday 10th October -
Friday 23rd October 2020

weareac.org/bigsleepin



Aberdeen Cyrenians annual SleepOut event is rebranding this year due to the restrictions on meeting in groups. Participants are asked to host their own mini sleepouts at home, for the Big SleepIN 2020.

[Click here](#) to find out more about
The Big SleepIN!



OPPORTUNITIES

The **Equality & Human Rights Commission** is currently recruiting new members for their Scotland Committee. Applications are open until next **Monday, 12th October**.

The EHRC particularly encourages applications from people who belong to groups currently underrepresented on the Committee, including disabled people, LGBT people, young people and black and ethnic minority people.

[Click here](#) for full details or to make an application.

Alcohol & Drugs Action (ADA) is currently recruiting new board members. Applications are open until Friday **23rd October**.

[Click here](#) for full details or to make an application.

CONSULTATIONS

[Click here](#) to respond to Aberdeen City Council's Education Equality Outcomes consultation. This consultation closes on **30th October**.

[Click here](#) to respond to Historic Environment Scotland's Equality Outcomes consultation. This consultation closes on **30th November**.

COVID-19 VACCINE TRIALS

NHS Grampian is looking for volunteers aged 18-84 to participate in a clinical trial studying an investigational vaccine against COVID-19.

This clinical trial would not be suitable for those taking anticoagulant therapy (aspirin is fine) or anyone pregnant or aiming to become pregnant in the next year. Participants at higher risk from COVID-19 for any reason, e.g. due to their age, social situation or ethnicity, are particularly welcome.

Interested individuals are invited to e-mail their contact details to gram.covidvaccinetrial@nhs.scot

