

CASEWORK

We support and advise people targeted by discrimination, prejudice or hate crime. We also help people engage with the police, housing and other agencies. The service is free and confidential.

Contact: casework@grec.co.uk

COUNSELLING

Free, confidential and personalised support for adults, children and young people affected by hate crime, prejudice or discrimination. Qualified counsellors provide a safe environment to speak about what's happened and help individuals move on with their lives.

Contact: mthomson@grec.co.uk

TRAINING

We offer bespoke training sessions for community groups and organisations in all sectors. Topics can include Prejudice and Discrimination, Understanding the Equality Act 2010, Unconscious Bias, and Working with Interpreters.

Contact: info@grec.co.uk

INTERPRETING & TRANSLATION

With a pool of over 160 interpreters covering 45 languages, our In-Trans service works with NHS Grampian, other organisations and individuals across North East Scotland. For details, please visit: in-trans.co.uk

Contact: in-trans@grec.co.uk

LANGUAGE CAFÉS

Free, informal weekly sessions where everyone is invited to chat, practise their English skills, meet new people and learn about their local area and the UK. For details, please visit:

facebook.com/LearnEnglishAberdeen

Contact: language-cafe@grec.co.uk

ANNE FRANK AWARDS

Annual awards recognising the work of young people advancing equality and human rights in North East Scotland. For more information, please visit:

grec.co.uk/anne-frank-awards

Contact: info@grec.co.uk





RESEARCH

With links to universities, voluntary organisations and the public sector, we conduct research on topics relevant to equality and human rights, including access to health services, barriers to employment, and housing issues.

Our publications: grec.co.uk/research

Contact: info@grec.co.uk

FORUMS & NETWORKS

We support groups working for equality including Integrate Grampian, the North East Scotland Equalities Network, the Multi-Faith Forum, the Ethnic Minority Forum, Aberdeen Voice of Experience, Aberdeen Women's Alliance, the North East LGBT+ Community Development Group, the Disability Equity Partnership, Grampian Gypsy/Traveller Interagency Group, and Aberdeen Violence Against Women Partnership.

EQUALITY NEWS

The latest news, events, opportunities and resources on equality and human rights. To join our mailing list, please email info@grec.co.uk.

VOLUNTEERING OPPORTUNITIES

Our team of committed volunteers are vital for delivering GREC's projects and services, and we are proud recipients of the Volunteer Friendly Award, 2017-2020. To get involved, please email gosia@grec.co.uk

COMMUNITY ENGAGEMENT

Through a range of projects, we build relationships with communities and work to understand the challenges they face. We then work with partners and service providers to bring about positive change. For example, we hold annual focus groups on behalf of NHS Grampian, where people from ethnic minority communities can discuss their experience of health services, provide feedback, and suggest improvements.

EQUALITY & DIVERSITY EVENTS

We work with partners to organise events throughout the year to share information, celebrate diversity and promote positive community relations. Please join our mailing list for details of future events: email info@grec.co.uk

Grampian Regional Equality Council

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equality for all