



## CONTACT:

### General Enquiries/Training:

[info@grec.co.uk](mailto:info@grec.co.uk)

01224 595505

### InTrans:

*Interpreting & translation services with special rates for the third sector.*

[in-trans@grec.co.uk](mailto:in-trans@grec.co.uk)

01224 576795

### Casework:

*Confidential advice, support and employability service.*

[casework@grec.co.uk](mailto:casework@grec.co.uk)

07857 180175

### Counselling:

*Confidential counselling for adults, children and young people.*

[mthomson@grec.co.uk](mailto:mthomson@grec.co.uk)

### English Classes:

*Free English language education up to four times per week.*

[language-cafe@grec.co.uk](mailto:language-cafe@grec.co.uk)

01224 576797

### AberdeenAIM:

*Fighting illegal moneylending with support, advice and training to enhance financial wellbeing.*

[mmccall@grec.co.uk](mailto:mmccall@grec.co.uk)

01224 576796

## GREC Services

Welcome to the first GREC Community Bulletin of 2021! With Scotland re-entering lockdown at the end of December, the year might not be off to the start we had hoped for- but as you'll see in the following pages, Grampian's communities are still working hard to support one another.

Our weekly Language Cafe & Language Works sessions started back up earlier this month, and as of this week our ESOL for Work courses are running again. [Click here](#) to visit the Learning English in Aberdeen Facebook page to find out more about our Language & Integration project.

Per Scottish Government guidelines, the GREC office is unfortunately still closed, but all staff continue to work remotely and can be contacted via the details opposite.

[WEBSITE](#)

[FACEBOOK](#) | [TWITTER](#)

# COVID-19 RESTRICTIONS

## Scotland currently remains in lockdown.

- The next **Scottish Government** review of lockdown restrictions is scheduled for next **Tuesday, 2nd February**.
- Current guidance advises everyone stay at home; as much as possible. You are only permitted to leave home for essential reasons, e.g:
  - for food or other essential supplies
  - for medical reasons
  - for exercise
  - to provide support to a vulnerable person
- [Click here](#) to view an infographic from the Scottish Government covering all of the most recent lockdown restrictions.

## LOCAL AUTHORITIES

[Click here](#) for the latest coronavirus updates from the **Scottish Government**.

[Click here](#) for the latest coronavirus updates from **Aberdeen City Council**.

[Click here](#) for the latest coronavirus updates from **Aberdeenshire Council**.

[Click here](#) for the latest coronavirus updates from **Moray Council**.



**FACE COVERINGS**



**AVOID CROWDS**



**CLEAN HANDS**



**TWO METRES**



**SELF-ISOLATE**



## GRAMPIAN CORONAVIRUS ASSISTANCE HUB

- The GCAH is still providing assistance to people in need in Aberdeen City, Aberdeenshire and Moray
- [Click here](#) to visit the GCAH website, or call the helpline on **0808 1963384**.
- The GCAH helpline is open Monday to Friday, from 9am to 5pm. Calls to the helpline are free.



**DO YOU NEED A REMOTE INTERPRETER?**

**WE'VE GOT YOU!**

Get the right person for the right task.

in-trans@grec.co.uk  
+44(0)1224 576795

**in Trans**

**grec**  
equality for all

# COMMUNITIES

## What do you have planned for 2021?

If your community group, charity or organisation has any projects or events planned for the New Year that you'd like to promote in the GREC Community Bulletin, let us know by emailing Molly at [mmccall@grec.co.uk](mailto:mmccall@grec.co.uk)

**Somebody Cares** are raising money to fund their foodbank, which remains open during current lockdown restrictions. [Click here](#) to donate to the fundraiser, or [click here](#) for more information.

The **Instant Neighbour Foodbank** is remaining open during the current lockdown restrictions, and is now accepting donations of fresh and frozen produce. [Click here](#) for more information, or [click here](#) to donate to Instant Neighbour.

### [CLICK HERE](#)

to respond to Police Scotland's Equality Outcomes consultation and help the Scottish Police plan their equality priorities for 2021-24.



**Polish Association Aberdeen (PAA)** are starting a new block of beginners Polish classes for English speakers on **Thursday, 28th January**. Please email [info@paaberdeen.co.uk](mailto:info@paaberdeen.co.uk) for more information or to sign up.

The **Workers Educational Association (WEA)** are running free online ESOL classes for residents of Aberdeen City and Aberdeenshire. Please email [k.wilkie@wea.org.uk](mailto:k.wilkie@wea.org.uk) for more information or to sign up.

**Aberdeen City Health & Social Care Partnership** and **Community Planning Aberdeen** are hosting the next **Locality Empowerment Group** meeting on Thursday, 28th January from 10am.

The Locality Empowerment Groups allow residents of Aberdeen City to contribute towards improving health and wellbeing locally and creating a better quality of life.

[Click here](#) for more information or to register for the event.

## NEW EQUALITIES NETWORK FOR THE CITY

We are working in partnership with **Aberdeen City Council** to establish a new network in Aberdeen with a focus on equality. The idea of the network is to bring together a diverse range of individuals who can advise the council on their future plans and priorities, as well as getting directly involved in new projects and activities.

We are aiming to form a group of 12 individuals, representative of the range of protected characteristics as defined by the Equality Act 2010, to meet regularly. We hope many people are keen to get involved, and we will also have a mailing list and wider events for those not involved in the smaller organising group.

Please [click here](#) to register your interest in joining the new network. Any enquiries may be directed to [info@grec.co.uk](mailto:info@grec.co.uk).



# EVENTS

## Holocaust Memorial Day Wednesday, 27th January

The theme for Holocaust Memorial Day 2021 is ***be the light in the darkness***.

Aberdeen HMD Committee will be holding a reading of ***From Phnom Penh to Paradise***, Var Hong Ashe's autobiographical account of life under the Khmer Rouge, on Wednesday from 2pm.

[Click here](#) to book your free ticket or for more information.



Photo: Aberdeen Art Gallery,  
Holocaust Memorial Day 2020



Citizens Rights Project are hosting a webinar for **EU Students in Scotland after Brexit** on **Thursday, 28th January** from 4pm. This event will be held on Zoom.

[Click here](#) to find out more about the event, or [click here](#) to visit the Citizens Rights Project website.

Aberdeen Climate Action have a number of online events coming up soon, including a **Social Media Sustainability Toolkit** workshop series as well as their monthly Climate Cafe events.

The first workshop, on smartphone filmmaking, is on **Thursday, 4th February** and the second, on creating effective social media campaigns, is on **Thursday, 18th February**.

[Click here](#) to view all of Aberdeen Climate Action's upcoming events.



ACVO are hosting the next **Third Sector Mental Health & Wellbeing Forum** on **Thursday, 28th January** from 10am.

ACVO work to support and inform the third sector in Aberdeen. [Click here](#) for more information about the event or to book your ticket.

**Aberdeen Multicultural Centre** will be hosting an online event celebrating **International Mother Language Day** on **Sunday, 21st February** from 1pm.

The celebration will feature music, dance and poetry from around the world. [Click here](#) for more information.



Next month **Shared Futures** and **No Recourse North East** are hosting **The Human Cost of Brexit**, a roundtable discussion on the impact of Brexit on the lives of EU citizens in the North East of Scotland.

Panellists will be announced closer to the time, and will include a diverse range of community voices and perspectives from the third and public sector.

[Click here](#) for more details or to book your ticket. The event is free and will be held on Zoom on **Tuesday, 23rd February** from 4pm.



# OPPORTUNITIES



**Aberdeen Cyrenians** are currently recruiting a Support Practitioner to join the Care Choices team.. The deadline for applications is **Wednesday, 3rd February**. [Click here](#) for more information or to apply to the role.

**VSA** are currently recruiting a Trust & Foundation Coordinator to join their Fundraising team. [Click here](#) for more information or to apply.

**Bon Accord Care** are currently recruiting a Chair to join their Board of Directors. The deadline for applications is **Friday, 5th February**. [Click here](#) for more information or to apply.

**Barnardos** are currently recruiting a Project Worker to join their RAFT (Reaching Aberdeen Families Together) team. The application deadline is **Thursday, 28th January**. [Click here](#) for more information or to apply.

## PUBLISHING OPPORTUNITY FOR LGBTQ+ WRITERS



**Hysteria Aberdeen** are seeking submissions for a zine to be published honouring LGBTQ+ history month in February..

The theme is **unsung**, focussing on intersectionality and untold LGBTQ+ stories. Submissions should be sent to [hysteriaabdn@gmail.com](mailto:hysteriaabdn@gmail.com) by 5pm on **Friday 5th February**. [Click here](#) to visit Hysteria's Facebook page.

## THIRD SECTOR SUPPORT

The **Fairer Aberdeen Fund** is currently accepting applications for their **Coronavirus Hardship Fund**. Grants of up to £15,000 are available to community organisations supporting individuals affected by the COVID-19 pandemic.

The deadline for applications is **Friday, 29th January**. For more information or to request an application form please get in touch by email at [faireraberdeenfund@aberdeencity.gov.uk](mailto:faireraberdeenfund@aberdeencity.gov.uk).

**BEMIS** is providing small grants of up to £3000 to ethnic minority community groups and organisations in Scotland through their **Resilient & Inclusive Communities Fund**.

The fund is open now for applications, and closes in **March 2021**. [Click here](#) for more information or to download an application form.

Applications for the third and final stage of the **Response, Recovery & Resilience Fund** are open now.

This fund provides grants of between £1000-£5000 to support the work of charities and community organisations during the COVID crisis. [Click here](#) for more information about the fund.

The **Equality Network** are seeking expressions of interest for their **LGBTI Recovery Fund**, which will be opening for applications soon.

They are particularly looking to hear from groups who will be running events as part of LGBTQ+ History Month in February.

Please direct any enquiries to [scott@equality-network.org](mailto:scott@equality-network.org) or [click here](#) to register your interest.